## Medicare Severity Diagnosis Related Groups MS DRG

# Nutrition Comorbid Conditions







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### Public Reporting and Pay-for-Performance Industry / Environment Scan

#### "MY PATIENTS ARE SICKER THAN THE OTHERS"

PROFILING

Reputation Severity of Illness Mortality Profile

- **Consumer Driven Market**
- **REPORT CARDS**

Rating tools state/national

QUALITY MEASURES - AHRQ

Physician Hospital

- E/M Doctor's Reimbursement
- Hospital Reimbursement

Joke: /



#### DOCUMENTATION MUST SHOW: SEVERITY of ILLNESS

#### **PROFILING BY:**

- Federal & State Agencies
- Joint Commission
- CMS & Insurances
- PRO / QIO
- Hospitals / Employers
- General Public INTERNET
- **D** PAY 4 PERFORMANCE
- FIVE STAR HOSPITAL/Physician

"IT IS MORE THAN P4P IT IS PART OF A MOVEMENT IT IS CALL FOR ACTION" Trent Haywood, MD, JD -CMS

"IT WOULD ACCOUNT FOR 30% OF THE PAYMENT FROM FEDERAL PROGRAMS" Mark McClellan, CMS Administrator

### **PRINCIPAL DIAGNOSIS**

The condition/conditions established <u>after study</u> to be <u>chiefly responsible</u> for occasioning the admission of the patient to inpatient hospital care"

□ At the time of discharge, if DX is uncertain:

□ "possible/probable/questionable/likely"

### SECONDARY DIAGNOSES

<u>All conditions</u> that coexist at the time of admission and/or that develop subsequently and require:

- Clinical evaluation <u>and/or</u>
  - Therapeutic treatment <u>and/or</u>
  - Diagnostic procedures <u>and/or</u>
  - $\Box \quad \text{Extended length of hospital stay} \ (\geq 1 \text{ day}) \ \underline{\text{and/or}}$
  - □ Require increased nursing care and/or monitoring

•arrangements for further workup or observation

•initial therapeutic approach

diagnostic workup

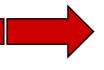


#### POSSIBLE/PROBABLE / QUESTIONABLE/LIKELY"

\*diagnostic workup
\*initial therapeutic approach
\*arrangements for further workup or observation

## MEDICARE SEVERITY DIAGNOSES RELATED GROUPS MS DRG

<u>The Severity of Illness</u> based on the presence of:



### MS-DRG - Established by :

- Principal Diagnosis,
- Comorbid/Complications
- Principal Procedure

MCC = Major Comorbid ConditionCC = Comorbid ConditionOther sec. DXs

MCC & CC LIST DX Impacting MS DRG

Hospital payments/ Medicare

### 745 MS DRG

- relative weight
   = severity/resources
- > w/o CC or MCC
- ➢ w/ CC and/or MCC

# CASE MIX INDEX - CMI

The mean (average) of relative weight for a group of patients reflecting resource utilization

- DRG-APR-DRG (All Patient Refined) = SOI & ROM
  - Severity Of Illness and Risk Of Mortality
  - All DX documented

## APR DRG – measuring SOI & ROM

|   | PRINCIPAL DI  | AGNOSIS: CAD  |  |
|---|---|---|--|
|   | CASE 1  | CASE 2  |  |
| Secondary Diagnosis                           | HX Chronic Obstructive Pulmonary<br>Disease – symptoms/TX | Chronic Obstructive Pulmonary<br>Disease - Exacerbation |  |
|   | Hx of Atrial Fibrillation                                 | Atrial Fibrillation                                     |  |
|   | Dyspnea, hypoxia post surgery                             | Pulmonary Insufficiency                                 |  |
|   | Prealb 9  | Acidosis  |  |
|   | Pulm. Edema, Cardiomegaly                                 | Malnutrition  |  |
| PPX-CABG                                      | Diuretics, Hx of CHF /CHF                                 | Acute systolic HF (and Chronic)                         |  |
| SPX-Cardiac Cath.                             | exacerbation  | Prolonged Mechanical Ventilation                        |  |
|   |   | (respiratory failure)                                   |  |
| Medicare DRG                                  | 548 CABG w/Cath w/o MCC                                   | 548 CABG w/Cath. w/ MCC                                 |  |
|   | RW Diff. in \$ for hospital                               | RW  |  |
| APR-DRG                                       | 190 CABG w/Cath   | 191 CABG w/Cath.  |  |
| APR-DRG Severity of Illness                   | 2 Moderate  | 4 Extreme   |  |
| APR-DRG Risk of Mortality                     | 1 Minor   | 4 Extreme   |  |
| Medicare Relative DRG                         | RW 4.644  | RW 4.644  |  |
| Weight  |   | RW 6.123  |  |
| APR-DRG Relative Weight                       | 2.7930  | 3.7052  |  |
| National Mortality Rate<br>(APR-DRG Adjusted) | 0.04%   | 32.02%  |  |

www.healthgrades.com (www.solucient.com) (www.doctorquality.com)



#### 2007 RATINGS STROKE

### Inhospital Mortality (Survival)

| St Vincent's Hospital  | $\star \star \star \star \star$ | BEST        |
|------------------------|---------------------------------|-------------|
| Baptist Medical Center | $\star \star \star$             | AS EXPECTED |
| St Luke's Hospital     | $\star \star \star$             | AS EXPECTED |
| Memorial Hospital      | $\star$                         | POOR        |
| BMC Beaches            | $\star \star \star$             | AS EXPECTED |
| Shands Hospital        | $\star \star \star$             | AS EXPECTED |

Inhospital +1 month Mortality (Recovery +30)

Inhospital +6 month Mortality (Recovery +180)



## <u>MEDICARE SEVERITY DIAGNOSES RELATED GROUPS</u>

How the specific documentation could influence the CMI:

### CMI FORMULA = Sum of all Patients' DRGs RW # inpatient patients

| Case           | RW   | #cases | RW    | #cases | RW    |
|----------------|------|--------|-------|--------|-------|
| Cocaine relate | 0.58 |        |       | 2      | 1.16  |
| GERD           | 0.68 |        |       | 3      | 2.04  |
| Chest pain     | 0.55 | 6      | 3.3   | 1      | .55   |
| PN w/o CC      | 0.74 | 9      | 6.66  | 2      | 1.48  |
| PN w/ CC       | 1.02 | 10     | 10.2  | 4      | 4.08  |
| PN w/ MCC      | 1.46 | 2      | 2.92  | 6      | 8.76  |
| C.PN w/o CC    | 1.04 | 3      | 3.12  | 1      | 1.04  |
| C.PN w/CC      | 1.49 | 3      | 4.47  | 7      | 10.43 |
| C.PN w/MCC     | 2.04 | 1      | 2.04  | 5      | 10.2  |
| Resp. Failure  | 1.37 | 1      | 1.37  | 4      | 5.48  |
|                |      | 35     | 34.06 | 35     | 45.22 |

- Monitored by \*hospital finance services \*CMS/OIG \*Insurance Companies
  - \*Insurance Companies

### \$ 8,000

FINANCIAL VIABILITY

Other Insurances paying DRG
 List w/ MS DRG payers

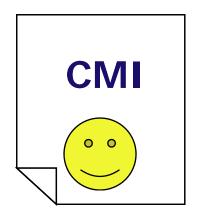


## **COMPREHENSIVE DOCUMENTATION**

Continuity /Support of patient care
 Accurate coding = QUALITY DATA
 Credentialing, certification, licensure

**Sets insurance premiums** 





Maintains Physicians participation to Managed Care
Legal issues - "the more, the better"
Optimal reimbursement
Benchmark

# **Types of Malnutrition**

- Overnutrition
- Secondary malnutrition
- Micronutrient malnutrition --
- Protein Calorie malnutrition --

### A. Overnutrition

- **T**oo many calories leading to obesity, diabetes, hypertension and cardiovascular disease
- "Transition diets" now a consideration of WHO due to increase worldwide in chronic disease due to dietary change

## **B. Secondary Malnutrition causative conditions**

- □ Loss of appetite (anorexia, etc), cancer
- Alteration of normal metabolism
   -during infection/fever
  - -HIV/AIDS
  - -Terminal diseases
- Prevention of nutrient absorption
  - -Diarrheal infection causing changes in GI epithelium Crohn, etc
- Diversion of nutrients to parasitic agents themselves
   -Hookworms, tapeworms, worms, malaria

Key Study – Physical signs

Fatigue Muscle soreness Irritability Hunger pains Lack of Ambition Self-discipline Poor concentration Often moody and depressed Less able to laugh heartily Less able to tolerate heat Heart rate decreased Muscle tone decreased

## **Role of calories**

□ Involuntary use:

-breathing

- -blood circulation
- -digestion
- -maintaining muscle tone -body temperature
- Physical activity
- Mental activity
- **Fighting disease immunity**
- Growth



# **Role of protein**

- For building cells that make up muscles, membranes, cartilage and hair
- Carrying oxygen
- Nutrient transport
- Antibodies
- Enzymes needed for most chemical reactions in the body

What happens to people when they have inadequate amounts of food and nutrients?

- Metabolic changes
- Physiologic changes
- Psychological changes

## Major Restructure of Comorbid Conditions Metabolic Disorders

MCC & CC LIST Sec.DX Impacting MS DRG

# Non-CC

Malnutrition of moderate disease (non –CC) Malnutrition of mild disease (non –CC)

# CC

>Protein-calorie malnutrition (CC)
>Malnutrition (unspecified)

><u>Malnutrition (calorie) (CC)</u> Dystrophy due to malnutrition

### Arrested development w/ protein calorie malnutrition

(Nutritional dwarfism, Physical retard due to malnutrition)

MCC

### Kwashiorkor

Changes in skin and hair pigment, edema, retarded growth, pathologic liver changes

>Nutritional marasmus

Nutritional atrophy

Severe Calorie Deficiency

Severe Malnutrition (NOS)

Severe protein-calorie
Nutritional edema w/o dyspigmentation

CLARIFICATION REQUIRED to ACCURATELY REFLECT: SEVERITY OF ILLNESS & RISK OF MORTALITY

#### DOCUMENTATION CLARIFICATION Clinical Documentation Initiative

### MALNUTRITION SEVERE MALNUTRITION

Values Commonly Used to Grade the Severity of Malnutrition:

| MEASURE          | Degrees of | Malnutrition<br>moderate | SEVERE        |
|------------------|------------|--------------------------|---------------|
| NORMAL WT        | 85% - 90%  | 75% - 85%                | < 75%         |
| BMI              | 18 – 18.9  | 16 – 17.9                | < 16          |
| SERUM<br>ALBUMIN | 3.1 – 3.4  | 2.4 - 3.0                | < 2.4         |
| PREALBUMIN       | 11-15      | 6-10                     | <u>&lt;</u> 5 |

Risk Factors for Malnutrition: Terminal illness, ESRD, ESLD, AIDS, COPD, underlying infections, chronic debilitating diseases, difficulty swallowing or chewing, weight loss, depression, chronic N&V, diarrhea, , etc. BMI FORMULA Weight in Pounds x703 Height in inches<sup>2</sup>

### **DOCUMENT** the BMI:

| BMI                    | Weight Status      |
|------------------------|--------------------|
| <mark>&lt; 18.5</mark> | <b>Underweight</b> |
| 18.5-24.9              | Normal             |
| 25 – 29.5              | Overweight         |
| > 30                   | Obese              |
| <mark>≥</mark> 40      | Morbid Obesity     |

### **INTRACRANIAL HEMORRHAGE OR CEREBRAL INFRACTION**

| w/o CC/MCC<br>MS DRG 66<br>RW 0.8439<br>\$ 6,926 |  | w/ CC<br>MS DRG 65<br>RW 1.1760<br>\$ 9,652 |  | w/ MCC<br>MS DRG 64<br>RW 1.8450<br>\$ 15,143 |
|--|--|---|--|---|
|--|--|---|--|---|

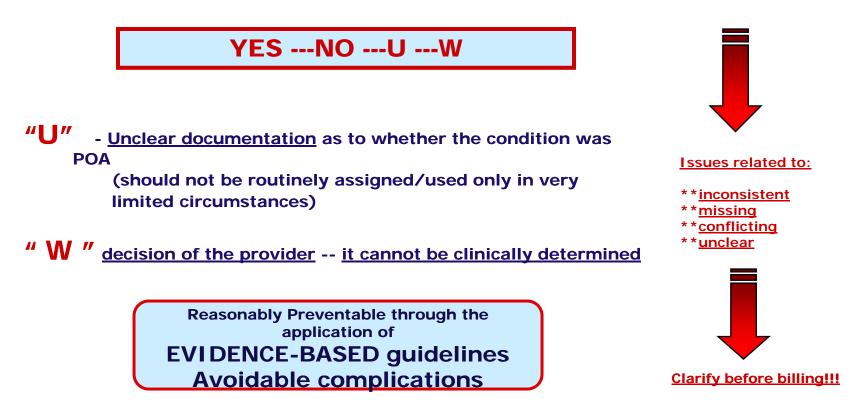
| PDX             | Cerebral Infarction/ Stroke / Intracerebral hemorrhage   |   |  |  |
|-----------------|--|---|--|--|
| Case I<br>SDX   | Left side weakness   | Hemiplegia/hemiparesis/D/C  |  |  |
| Case II<br>SDX  | MRI – perivascular edema<br>Left shift   | MRI – perivascular edema, repeat<br>MRI-Left shift  | Cerebral edema                                 |  |
| Case III<br>SDX | Albumin 2.3<br>Pre albumin 5<br>BMI not calculated<br>Orders: nutrition consult<br>Treatment / Nutrition /<br>weight the patient | Protein calorie malnutrition<br>( <u>Malnutrition</u> )<br><u>BMI &lt;19 (from RD notes</u> ) | Severe malnutrition<br>BMI <19 (from RD notes) |  |
| Case V<br>SDX   | Sacralr Pressure Ulcer<br>Stage II (poor<br>documented) or<br>unstageble   |   | Sacral Pressure Ulcer Stage III,<br>Not POA    |  |

## Multiple sclerosis & cerebellar ataxia

| MS<br>DRG   | w/o CC/MCC<br>60   | w/CC<br>59  | w/MCC<br>58   |  |
|---|--|---|---|--|
| RW  | 0.8160   | 0.9226  | 1.2669  |  |
| RMB   | 6,501  | 7,350   | 10,094  |  |
|   |  |   |   |  |
| PDX   | Multiple sclerosis exacerbation  | Multiple sclerosis exacerbation   | Multiple sclerosis exacerbation   |  |
| SDX   | Dysuria,<br>UA – L. E. WBC ↑<br>C&S: E. Coli<br>Nutritional Supplement – prealb. 5 | T – 102, HR 120, WBC 19,000,<br>Bandemia, BP 90/50<br>Blood Culture negative, BUN 50, Cr.<br>2.3, 2 Antibiotics<br>Urosepsis = UTI<br><u>Malnutrition</u> | BP 90/50, RR 38, Hypoxia,<br>Hypercapnia<br>T 102, HR 120, WBC 19,000,<br>Bandemia, B. Culture (-) 2AB<br>(Severe) Sepsis<br>ARF (spell this out)<br><u>Severe Malnutrition</u> |  |
| Degree of   Malnutrition   NOT   ESTABLISHED     ORDER:   >ALBUMINE   >PREALBUMIN   TAKE:   >WEIGHT   +HIGHT     14 |  |   |   |  |

## POA

## MUST BE DOCUMENTED BY THE PROVIDER



Beginning October 1, 2008, CMS cannot assign a case to a higher MSDRG based on the occurrence of one of these conditions, if the condition was acquired during hospitalization

Applies from October 1, 2008

## **HOSPITAL ACQUIRED CONDITIONS**

- > Object left in surgery (CC)
- > Air embolism (MCC)
- Blood incompatibility (CC)

Secondary Diagnosis NOT Present On Admission



Surgical Site infection/ortho device (CC) \* Infection and inflammatory reaction due to orthopedic devices/implant/graft OR Other postoperative infections

#### <u>WITH</u>

- **Procedure: -Spinal Fusion and Refusion** 
  - -Arthroplasty: Shoulder and Elbow
  - -Bariatric surgery PDX Morbid Obesity and Postop. Infection
  - **PX:** Lap/open Gastroenterostomy or gastric restrictive PX
- Catheter associated urinary tract infections (CC)
- > Pressure ulcers stage III, IV (MCC) the rest not CC/MCC
- Vascular catheter associated infections –Central Venous Catheter (CC)
- Mediastinitis post coronary artery bypass graft (MCC)
- > Falls & Trauma, Burns, Fractures, Dislocations (CC or MCC)
- Deep Vein Thrombosis or Embolism / Pulmonary Embolism / Pulmonary infarction (MCC) Procedure: Total/Partial Hip and Knee Replacement,
- > Manifestation of poor glycemic control: Ketoacidosis (MCC),
  - > Coma: hyperosmolar (MCC),
  - hypoglycemic (CC)

## Nervous systems neoplasm

### BLEND RATE = 8,000

| MS DRG | MS.DRG 55<br>W/O MCC  | MS.DRG 54<br>w/MCC  |
|--------|---|---|
| RW     | 1.1213  | 1.4228  |
| RMB    | 8,934   | 11,336  |
|        |   |   |
| PDX    | Brain Neoplasm<br>Metastatic to liver, bone   | Brain Neoplasm<br>Metastatic to liver, bone   |
| SDX    | T – 102, HR 120, WBC 19,000, Bandemia,<br>BP 90/50, UA-C&S – E. coli<br>Blood Culture negative, BUN 50, Cr. 2.3, 2<br>Antibiotics | BP 90/50, RR 38, Hypoxia, Hypercapnia<br>T 102, HR 120, WBC 19,000, Bandemia, B. Culture<br>(-) 2AB<br>Urosepsis = <u>UTI</u> |
|        | Malnutrition – pre.alb. 5   | Severe Malnutrition   |
|        | Wound Care Notes: sacral pressure ulcer,<br>stage III   | No mention by the doctor, or just Wound Care referral   |

# **RENAL FAILURE**

### BLEND RATE = 8,000

| PDX: ESRD & HTN<br>Creatinine 3.4 (baseline 2.4)<br>HTN –uncontrolled<br>RD consult<br>Low Protein, low albumin, prealb. 7, supplement | w/o CC/MCC<br>684         | 0.9835 | 7,836  |
|--|---------------------------|--------|--------|
| PDX: ESRD & HTN<br>Creatinine 3.4 (baseline 2.4)<br>HTN –uncontrolled<br>Malnutrition  | <mark>w/ CC</mark><br>683 | 1.1942 | 9,515  |
| PDX: ESRD & HTN<br>Creatinine 3.4 (baseline 2.4)<br>HTN –uncontrolled<br>Severe Malnutrition   | w/ MCC<br>682             | 1.4664 | 11,684 |

### **Chronic Obstructive Pulmonary Disease**



**BLEND RATE = 8,000** 

#### PDX **COPD Exacerbation** Case I RR=28, Dyspnea, CO<sub>2</sub> 70, O<sub>2</sub> 65, **COPD Exacerbation COPD Exacerbation** BIPAP RR=28, Dyspnea, CO<sub>2</sub> 60, O<sub>2</sub> 65, BIPAP RR=28, Dyspnea, CO<sub>2</sub> 60, O<sub>2</sub> 65, SDX X-Ray abnormal, Chronic Resp. Failure BIPAP order a CT Scan CT Scan: Atelectasis Post adm: acute respiratory Failure Case II Dementia, Senile Dementia with Delirium confusion, hallucinations SDX Case III Nutritional support ES.COPD **Malnutrition** Severe malnutrition SDX Order prealb. **BMI** <18 Case IV HX HIV (CD4 180) AIDS (CD4 180) SDX **HIV/AIDS** Hx PN, PCP 19